

ACTIVITY PROGRAMME FOR A YOUTH EXCHANGE

Participating organisations Associazione Centro studi Scolaro e De Caro "Amastra"
- PRAXIS - Istituto INTER

City/Town	Country	Start date	End date
Mistretta	Italia	15/07/19	23/07/19

Activity Programme

Timetable **Activities** *Non-formal and informal learning methods used*

15 JULY **PM** **Arrival of the groups and welcome dinner**

16 JULY

09:00-09:30 breakfast

09:30-13:00 Ice-breaker games

WELCOME SESSION: presentation of the project and rules to be respected

Expectation's tree

13:00 - 15:00 lunch

15:00 - 18:30 Game "association of ideas" about Italian, Greek and Spanish (about stereotypes and prejudices)

Map of youth unemployment in Europe - Salto tool

In front of a map of Europe, each group will make a brief presentation of the problem in their own country (they will decide how to design the presentation, if in a discursive, written way ...) A group brainstorming will follow to collect the common elements and the words key that will "come out" of the various presentations. It will end with a debriefing during which the guys will have to reflect on the causes and consequences of youth unemployment and what young people could do to overcome it

Daily evaluation - "End game"

*Divided in groups, each participant should answer to a questions like: -
The best thing about the activity was ... , and the worst was - The most interesting thing*

was ... , and the most boring thing was - What I resent most is ... , and what I appreciate most is - The funniest thing was ... , and the most serious thing was - I would have liked more of is ... , and less of - I learned ... , and I want to learn more about - Now I want to ... and I hope - I understood ... , and I need - I was most surprised about - The thing I enjoyed doing most was ... , and the thing that I least liked doing was - I felt most confident doing ... , and the thing I felt least confident doing was

... .

18:30-20:00 free time

20:00 – 00:00 dinner with some typical greek food

17 JULY

17 JULY

09:00-09:30 breakfast

09:30-13:00 energiser

Who are NEET youth? - informal speech

“How Erasmus+ can contribute to EU policies” - salto tool, a workshop to understand in which way Erasmus + can contribute to satisfy European youth policies.

13:00 – 15:00 lunch

15:15 - 18:30 “create your own learning plan” - salto, workshop in small groups where they have to think of a development plan for their own project idea (identified at the moment), making sure that it is SMART (specific, measurable, achievable, realistic and punctual). They could draw, write and visualize this idea as they want. Each group will then present their plan to others.

Daily evaluation

18:30 -20:00 free time

20:00 - 21:00 dinner

18 JULY

09:00-09:30 breakfast

09:30-13:00 energiser

“**Motivation puzzle**”. After a motivational video, to each of them will be given cards on which only half of a sentence will be written. They have to find the other half of the sentence by consulting the others in a tot of time.

“**Get your share**” - rule game about persuasion

13:00 - 15:00 lunch

15:00 – 18:30 round table: what can we do to tackle unemployment?

Job-interview simulation – salto tool - *imed at making young people able to hold an interview, to become aware of the questions that can be asked, to improve verbal and non-verbal communication.*

Daily evaluation

18:30 -20:00 free time

20:00 – 00:00 dinner

19 JULY

09:00-09:30 breakfast

09:30-13:00 energiser

CV preparation – how to write a good CV

Tower game, to promote group strategy

13:00 – 14:00 lunch

14:00 – 21:00 excursion to Palermo

21:00 – 21:30 Daily evaluation

20 JULY

09:00-09:30 breakfast

09:30-13:00 energiser

SWOT analysis, in group, about a project idea

test about UE – Erasmus+ - Charter of fundamental rights of EU

13:00 – 15:00 lunch

15:00 – 18:30 “Let's act” game: *identify a right about a worker and how to represent it by a drawing, mime or by a sketch.*

interview about the project

Daily evaluation

18:30 -20:00 free time

20:00 – 00:00 dinner with some typical spanish food

21 JULY 09:00-09:30 breakfast

09:30-13:00 energiser

“Get active” - interview, by the participants, to the young people in Mistretta, for the streets, in order to encourage young people, to never stop training, and to consider the Erasmus + program for their own training.

13:00 - 15:00 lunch

15:00 - 18:30 ideation of a final report of the project to be diffused

Daily evaluation

18:30 -20:00 free time

20:00 - 21:00 dinner

22 JULY 09:00-09:30 breakfast

09:30-13:00 ideation of press releases

Final evaluation

13:00 - 15:00 lunch

15:00 - 18:00 what about the follow up?

Youthpass ceremony

18:00- 20:00 free time

20:00 - 00:00 final party

23 JULY

07:00 breakfast and departure of the groups