

"BE THE CREATOR OF YOUR FUTURE"

ERASMUS + Learning Mobility of Individuals - Youth mobility



Project number 2018-3-IT03-KA105-014590

Location: Mistretta (ME) - Sicily - Italy

Date: 15-22 July 2019

Applicant organisation: Centro studi Amastra

Project summary

Unemployment is a problem we hear about every day. Above all the youth unemployment, and especially in countries like Italy and our partners: Spain and Greece.

Many are the young people who, even after completing their studies, remain unemployed and without the possibility or desire to continue their education (so-called NEETs: not engaged in education, employment or training). So many are those young people who do not have the possibility to start their own initiative, idea, creating a job, because of bureaucracy and management costs for a company. What are the possible causes?

This long-term state of NEET leads to personal consequences of self-distrust, loss of

motivation, frustration, a sense of social exclusion which contributes even more negatively to the possibility of finding a job. But all this cannot be an alibi for the young people themselves, who underestimate the importance of engaging in solid training and being, already at a very young age, enterprising in planning their future. Thanks to our project, we really want to help those young unemployed to reflect on this social problem and, through a non-formal, participatory and intuitive work methodology, acquire / improve those skills aimed at developing their entrepreneurship and strengthening the sense of personal initiative, communication skills, creativity, helping them to transform their ideas into actions (useful skills for finding a job).

In summary the goals we have set ourselves:

- development of useful skills for entering the world of work (positivity, ability to write, creativity, judgment and decision-making, problem-solving, perseverance, commitment, ability to work in a group)
- intercultural awareness to learn to work in an intercultural environment;
- promotion of knowledge of the English language, important for aspiring to enter the world of work;
- knowledge of the current situation of European youth unemployment and NEETs and good practices to combat it;
- greater skills on how to write a competitive CV;
- Information on Erasmus + opportunities in the youth field;
- active European citizenship because young people will be encouraged to reflect on a theme from the European dimension and involved in the debate on the construction of a united Europe;
 - more knowledge on non-formal education. This is especially true for the animators or for the young people themselves who intend to continue to be part of the world of youth exchanges or who also aspire to become animators.

Participant's profile

Each group will be composed of 12 young participants and 1 group leader (no age limit) involving a total of 39 participants.

The participants will be young Italians, Greek and Spanish in the age range from 18 to 25 years old, interested in an exchange project that aims strengthening integration, active participation and interculturality.

Other requirements:

- Youth between 15 and 25 years
- Availability to achieve mobility.
- Young people involved in the life of associations.
- young people with a good attitude to teamwork and cooperation.
- young people with less economic possibilities

Everyone will get a European certificate (the Youth Pass) at the end of the project, attesting the acquired skills and abilities.

Accommodation and location

The Italian association will organize the participants' accommodation in Mistretta (a small town, about 120km far from Palermo and from Catania), in a school. The idea of this youth exchange is to create a collective living setting.

All the participants will be mixed by country and divided into male and female rooms.

Accommodation and meals

100% covered by the Italian association

Travel

maximum 275€ for person.

If you arrive to Palermo airport:

- shuttle bus from the airport to the central station (<https://www.prestiaecomande.it/>). You can buy it on the website or directly on the bus. The bus there is about every 30 minutes.
- train from central station Palermo to Santo Stefano di Camastra (a town near Mistretta) - <https://www.trenitalia.com/> . The price is 7,60€ only go.
- from Santo Stefano di Camastra to Mistretta there will be the Italian guys who will take you from the station in S.Stefano di Camastra to Mistretta with their cars.

If you arrive to Catania airport:

- Bus company "Alibus" that every 25 minutes goes from the airport to the central station (http://www.amt.ct.it/?page_id=2610)
- From the central station in Catania, train to Santo Stefano di Camastra - <https://www.trenitalia.com/>
- from the central station in Santo Stefano di Camastra, our guys will take you with their cars.

We'll be waiting for you at Mistretta!!! :)

